


Name: Khushboo Goel | DOB: 7/31/1985 | Legal Name: Khushboo Goel

LIPID PROFILE

Collected on Jul 03, 2025 8:19 AM

If you have questions or concerns regarding your test results, contact the clinician who ordered the test. 

Jessica Jocius, NP Jul 3, 10:17 AM

Hi Khushboo,

Good news - I reviewed your test results and there are no significant abnormalities or issues.

Best regards,
Jessica A Jocius, NP working with Dr. Amanda Chen, MD

Results

Patient fasting

Total cholesterol

Normal value: <200 mg/dL

Value

198

Desirable: <200 mg/dL

Borderline: 200 to 239 mg/dL

High: >240 mg/dL

Triglyceride

Normal value: <150 mg/dL

Value

53

Normal: <150 mg/dL

Borderline High: 150 to 199 mg/dL

High: 200 to 499 mg/dL

Very High: > or = 500 mg/dL

HDL cholesterol

Normal value: >40 mg/dL

Value

68

High: > or = 60 mg/dL

Low: <40 mg/dL

LDL Calculated

Normal value: <130 mg/dL

Value

119

Optimal: <100 mg/dL

Near Optimal: 100 to 129 mg/dL

Borderline High: 130 to 159 mg/dL

High: 160 to 189 mg/dL

Very High: > or = 190 mg/dL

Cholesterol to HDL Ratio

Normal value: <5.0

Value

2.9

VLDL (Calculated)

Normal range: 5 - 40 mg/dL

11



Authorizing provider: Chung Chen, MD

Collection date: Jul 03, 2025 8:19 AM

Specimens: Serum (Blood)

Result date: Jul 03, 2025 10:07 AM

Result status: Final

Resulting lab:

PALO ALTO MEDICAL FOUNDATION LABORATORY SUNNYVALE

301 Old San Francisco Road

Sunnyvale CA 94086

Edmund Tai, M.D. (Lab director)